

# PRODUCTS for ADRENAL FATIGUE and RELATED HEALTH CONDITIONS

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People with Adrenal Fatigue often also suffer from other related health conditions. For full recovery to take place, it is important to deal with both the related conditions and the Adrenal Fatigue. Below is a list of Future Formulations products designed to address Adrenal Fatigue and the conditions most commonly associated with it. Each of these products works well with the others on the list.

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Adrenal Products\*

Using the information in Dr. Wilson's book, Adrenal Fatigue: The 21<sup>st</sup> Century Stress Syndrome, in combination with the his 4 Future Formulations adrenal products has proven reliably effective at producing recovery from Adrenal Fatigue. The adrenal products are also designed to provide needed support and protection from the detrimental effects of stress during stressful times, even for people who do not have Adrenal Fatigue.

\*Items pictured here: Adrenal Rebuilder™, Adrenal C Formula™, Super Adrenal Stress Formula™, Herbal Adrenal Support Formula™ and Dr. Wilson's book: Adrenal Fatigue: The 21<sup>st</sup> Century Stress Syndrome



Good Sugar™

People with Adrenal Fatigue have an increased chance of developing blood sugar imbalances and/or insulin resistance, which puts them at a higher risk for diabetes and metabolic syndrome (syndrome X). The ingredients in Good Sugar™ have been scientifically shown to help normalize blood and cell glucose (sugar) levels, decrease excessive insulin resistance, and reduce the oxidative tissue damage that leads to chronic complications of diabetes.



Thyro-Balance™

Thyroid and adrenal hormones interact in various ways and it is common for someone with Adrenal Fatigue to also have low thyroid function (diagnosed or undiagnosed). Thyro-Balance™ is a liquid nutrient formula specially designed to provide nutritional support for thyroid hormone activities at the glandular and cellular levels, even in people who have had their thyroid gland removed. Because Thyro-Balance™ contains nutrients, not hormones, it will enhance, not compromise, thyroid and thyroid hormone medications so it can be taken with all thyroid hormone medications. Thyro-Balance™ also makes an excellent vitamin/mineral supplement during adrenal recovery when combined with Super Adrenal Stress Formula™.



Nat-Stim®

Because Adrenal Fatigue typically compromises immune function and lowered immunity can result in acute or chronic illnesses that further fatigue the adrenals, it is especially important for people with Adrenal Fatigue to support and enhance their immune function. Nat-Stim® is a uniquely effective, natural immune enhancer that is designed to progressively restore and fortify immune resistance, especially against respiratory infections. The longer it is taken, the more deeply it works. Nat-Stim® is formulated to both increase immune resistance to new infections and shorten the duration of on-going infections by reinvigorating immune function.



Body-Guard™

Body-Guard™ is designed to boost the body's first line defenses against bacterial, viral, yeast and fungal pathogens without upsetting the delicate intestinal balance. This liquid formula contains a unique blend of natural ingredients scientifically shown to have broad, multifaceted anti-pathogenic activities. It is designed for immediate, short-term use and should be taken at the first signs of infection. It can be used internally or topically on the skin. Taken with the Future Formulations intestinal product, Squeaky Clean™, it is designed to help eliminate intestinal pathogens and re-establish healthy intestinal function.



Squeaky Clean™

Stress generates toxins in the body but Adrenal Fatigue and conditions like low thyroid interfere with the proper bowel function that would normally eliminate these toxins. Squeaky Clean™ is a unique, gentle intestinal cleanser and detoxifier designed to restore healthy intestinal function. It contains 8 types of fiber to clean intestinal walls and remove toxic waste, bentonite to absorb toxins and debris, enzymes to dissolve mucus and undigested proteins, 5 herbs for healing intestinal tissues, and 3 kinds of probiotics essential to intestinal health. Squeaky Clean™ also helps Body-Guard™ eliminate intestinal pathogens.