

ENVIRONMENTAL SENSITIVITY QUESTIONNAIRE

1. Do you have or use any of the following at/near home or work?

Exposure:	Home	Work	Exposure	Home	Work
a. Spring water			u. Foam rubber pillows		
b. Well water			v. Feather/down Comforter		
c. Water purifier			w. Coat/jacket		
d. Damp cellar			x. Stuffed upholstery		
e. Wooded area			y. Animals		
f. Swamp			z. Polyester blend in: Sheets		
g. Power lines			aa. Pillow case		
h. Microwave transmitter			ab. Pajamas		
i. Smoke stacks			ac. Shirts		
j. Dump			ad. Skirts		
k. Gas stove			ae. Pants		
l. Gas furnace			af. Exterminator		
m. Gas hot water heater			ag. Moth balls		
n. Gas dryer			ah. Mold on: Shower curtain		
o. Wood stove			ai. Basement walls		
p. Coal stove			aj. First story walls		
q. Kerosene space heater			ak. Second story walls		
r. Forced hot air heat			al. Garage under living space		
s. Electric blankets			am. Urea formaldehyde insulation		
t. Feather pillows			an. Other:		

2. Are you bothered by: (check appropriate selections)

a. Gasoline fumes		l. Fabric stores	
b. Diesel exhaust		m. New car smell	
c. Soaps		n. Air conditioners	
d. Detergents		o. Newsprint	
e. Chlorinated water		p. Tobacco smoke	
f. Moth balls		q. Cats	
g. Asphalt/tar		r. Dogs	
h. Hair spray		s. Mold	
i. Cosmetics		t. Tree pollen	
j. Perfume		u. Grass pollen	
k. Dust		v. Ragweed pollen	

3. Please check appropriate selections about carpeting in your home.

	BEDROOM	√	LIVING ROOM	√	FAMILY ROOM	√
a.	None		f None		r. None	
b.	Area rugs		i Area rugs		s. Area rugs	
c.	Wall to wall		j Wall to wall		t. Wall to wall	
d.	Wool		k Wool		u. Wool	
e.	Synthetic pad		l Synthetic pad		v. Synthetic pad	
f.	Glued down		r Glued down		w. Glued down	
g.	How old is carpeting?		r How old is carpeting?		x. How old is carpeting?	
			c On slab		y. On slab	
			ç Ever damp?		z. Ever damp?	
			c Moldy		aa. Moldy	

*The information provided is not meant as a replacement for a physician's care.
Some or all of the above may help you feel more balanced and give you an overall increased sense of wellbeing.*